

# THS Connections



June, 2021



## CELEBRATE GRADUATION MONTH



### FROM THE DIRECTOR

THS Family, it's the **MONTH OF GRADUATION, ELEVATION and CELEBRATION** at The Castle On The Hill! The students strived, worked hard, persevered and achieved goals this year in a world of so many uncertainties. They didn't give up and PUSHED through the Hybrid/Remote learning, COVID tests, Masks, Social Distancing. Let's not forget to mention applying for colleges, looking at scholarships, taking tests, applying for summer jobs along with elevating to the next school/chapter of their lives come Fall 2021.

Let's High-Five, Toss A Hat and move the Tassel from the right to the left after our students receive their diploma on that special day signifying years of academic studies have been completed. Their future is Bright and filled with Promises for the next journey ahead. THS salutes the Class of 2021! Enjoy the summer with family and friends responsibly. Stay safe and well! #teaneckstrong

THS Graduation - June 16 - 10:00am  
Montclair State University at Yogi Berra Stadium  
THS Project -- after graduation 4:45pm - 12:00am

**SUMMER COLLEGE PREP, ENRICHMENT, TESTING AND RECOVERY PROGRAMS!** See the list of options on pages 7-10 under the Summer Programs Experience portion of the newsletter.

And to our new Freshmen, we look forward to seeing you in the Fall - Class of 2024!



### COUNSELOR CORNER ~ MEET Ms. VICTORIA ALEXANDER

Hi, my name is Victoria Alexander, Counselor at the FORUM. I have been with THS since 2019. I moved to Teaneck in 2017 and found the community to be rich in culture due to its diversity. What inspired me to become a Social Worker is my Faith and my concern for the mental health and welfare of individuals.

The best part about my job is getting to know my students. As they share their experiences, they are vulnerable and transparent and walking alongside them in their journey is priceless. In meeting with my students, I'm learning about myself which helps me to better help them. Even though Covid interfered with how we interacted, the tangible part of the job like listening and supporting students hasn't changed. I want to give a shout out to my students; I love your humor, your authenticity, you are passionate, resilient and I love just "you."

Shout out to the FORUM staff because I wouldn't be able to do this job without you--Ms. Hidalgo, Ms. Acevedo, Ms. Witter, Mr. Barnes and Mr. Campestre

{Mr. C}. Mr. C, a special shout out to you for keeping the FORUM together and strong! AND Congratulations to the class of 2021! What!? If you can make it through HS and Covid--you can make it through anything (PERIOD!). Good Luck with all your future endeavors!

### COUNSELOR CORNER ~ MEET Ms. YVONNE WITTER

I have been a member of the FORUM family since November 2009. My responsibilities as Employment/Community Service Counselor (aka "Mommy Counselor 😊") include:

- Identifying employment opportunities for students with area businesses.
- Working closely with students with regards to resume writing, completing and submitting online applications, interview preparation and follow-up.
- Facilitating and coordinating workshops including Interviewing Skills, Resume Writing, Infant First Aid & CPR Certification, and Financial Literacy for Teens.

I am also the faculty advisor for ACE, a national program that gives students who are interested in careers in engineering, architecture and construction an opportunity to meet with design professionals from various architecture, construction and engineering firms and Interact, a service - oriented club sponsored by the Rotary Club of Teaneck. Students earn hours toward their community service graduation requirement by participating in service projects and activities. I have held numerous leadership roles in the Bergen County community including President of the National Coalition of 100 Black Women, National Vice-President for NCBW Fund and Finance Development.

I am currently Vice-Chair for the First Baptist Church of Teaneck Trustee Board, Northeast ACE Mentoring Program, Teaneck International Film Festival, and the Hanover Education Institute (a second chance school for youth) in Negril, Jamaica WI.

I have been recognized for my commitment for serving as a positive role model for young women and girls by the YWCA of Bergen County (Power of Us: A Celebration of Extraordinary Women), Girl Scout Troop Studio 2B (Woman of Distinction Award), Teaneck Public Schools, NAACP of Bergen County and the New Jersey State Senate and General Assembly, and Rotarian of the Year Award from the Rotary Club of Teaneck.

*My favorite saying is "*

*The most important factor in a child's educational success is love"* ❤️

### FROM THE F.O.R.U.M.

**Seek professional help if needed.** If feelings of sadness or anxiety don't go away, talk to a doctor or mental health professional.

The following resources can be used to access support:

**For a life-threatening emergency, always dial 911**  
**Bergen County's Designated Psychiatric Emergency Screening Program 201-262-HELP/4357**

**2nd Floor Youth Helpline: 1-888-222-2228 (call or text)**

**2ND FLOOR is a confidential helpline for New Jersey's youth that helps find solutions to problems they face at home, at school, or at play**

**National Suicide Prevention Lifeline:**  
**1-800-273-8255**

**para español 1-888-628-9454 Prevención del Suicidio Nacional)**

Full list of resources available can be found on the [School Counseling page](#) "Helpful Links"

Owen Barnes, Admin. Assistant,  
[obarnes@teaneckschools.org](mailto:obarnes@teaneckschools.org)



## FORUM Staff



Nick Campestre, Coordinator,  
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## THS SCHOLARSHIP CORNER

**THERE ARE STILL SCHOLARSHIPS AVAILABLE**

### SCHOLARSHIP OPPORTUNITIES

- **NCAAP-Agnes Jones Jackson Scholarship** - June 18, 2021 Link to apply: [6/18/21 - NCAAP -The Agnes Jones Jackson Scholarship](#)
- **NCAAP-The Building Beautiful Futures Scholarship** - June 18, 2021 Link to apply: [6/18/21 - The Building Beautiful Futures Scholarship](#)
- **NCAAP-The Empowering Imagination Scholarship** - June 18, 2021 Link to apply: [6/18/21 -The Empowering Imagination Scholarship](#)
- **NCAAP-The Grit Scholarship** - June 18, 2021 Link to apply: [6/18/21 -The Grit Scholarship](#)
- **NCAAP-The Happy Day Scholarship** - June 18, 2021 Link to apply: [6/18/21 - The Happy Day Scholarship](#)
- **NCAAP-The Hubertus W.B. Willems Scholarship** - June 18, 2021 Link to apply: [6/18/21 - The Hubertus W.B. Willems Scholarship](#)
- **NCAAP-The Katherine McIntyre Scholarship** - June 18, 2021 Link to apply: [6/18/21 - The Katherine McIntyre Scholarship](#)
- **NCAAP-The Creative Sole Scholarship** - June 18, 2021 Link to apply: [6/18/21 - The Creative Sole Scholarship](#)
- **NCAAP-The SmileDirectClub Scholarship** - June 18, 2021 Link to apply: [6/18/21 - The SmileDirectClub Scholarship](#)
- **WiseGeek LGBTQ Scholarship** - July 1, 2021 Link to apply: [7/1/21- WiseGeek LGBTQ+ Awareness Scholarship](#)
- **WiseGeek Disability Scholarship** - August 2, 2021 Link to apply: [Due 8/2/2021- WiseGeek Disability Scholarship](#)

Click [HERE](#) for a full list of scholarships

## Tips on how to write scholarship essays!!

### Your Scholarship Essay DO'S AND DON'TS

#### DO

- Follow the instructions
- Discuss 1 central point in each paragraph
- Research your audience
- Focus on strengths
- Turn weaknesses into success stories
- Use detailed, actual examples from your real life
- PROOFREAD, PROOFREAD, PROOFREAD
- Tell a story

#### DON'T

- Open your essay with a quote
- Use sentences like: "In this essay I will"
- Use words that are new to you
- Achievement-stuff your essay
- Don't repeat your resume
- Say that you need money outright
- Have the EXACT same essay for every application -- tailor your essays



**JUNIORS!** --Have you logged into your Naviance account yet???

Summer is a great time to check out colleges and universities..

What type of school are you interested in?

#### Two Year Schools (e.g. BCC)

- Apply in February (ideal)
- No transcript until after graduation
- No SAT/ACT
- No letters of recommendation
- Qualifying students can apply for NJ STARS Program (Student Tuition Assistance Reward Scholarship)

#### Four Year School (e.g. FDU)

- Apply by deadline (October - January, mostly)
- THS needs to send information- transcripts, letters of recommendation
- Students send materials - essay(s), SAT/ACT scores, etc.

## Important Dates

Marking Period 4

End Date:

**June 11, 2021**

Report Card Distribution:

**June 17, 2021 (in Skyward)**

## QUOTES OF THE MONTH

### LGBTQ Pride Month



### MEN'S HEALTH MONTH:

"To get something you've never had, you have to do something you've never done"

-- [menshealth.com](http://menshealth.com)

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- **SENIORS! IMPORTANT MESSAGE**  
Transcripts will be sent via **Naviance**  
by June 30



- **JUNIORS!** Your counselors often make suggestions for colleges/schools for you to consider that match your interests. Be sure to frequently check your Naviance “Schools I am Interested in” for updates. Continue to update it by adding schools you like too!
- **JUNIORS & SOPHOMORES-** if you have any interest in pursuing college athletics you must register with the NCAA and create an account.  
Here is the link: [NCAA Eligibility Center](#)
- **FRESHMAN-** Stay connected! Join the class of 2024 Classroom! Upcoming webinars will be posted soon..
- **Join your College and Career Google Classroom.**
  - **Class of 2021 – class code u3ycrf2**
  - **Class of 2022 – class code fwzm5x2**
  - **Class of 2023 - class code ia3aqne**
  - **Class of 2024 – class code ydbc3eh**

## **June Dates**

### **June 4 - MANDATORY for GRADUATES**

Seniors to submit google form “Plans After Graduation 2021” with the college/university you’re attending. The form submitted secures your cap and gown distribution.

[Plans After Graduation 2021 Form](#)

### **June 7-11 (Mon-Fri)**

#### **Final Examinations (grades 9-12)**

**Mon/June 7th** - Periods 1 (8:30-10am); Period 2 (10:30-12noon)

**Tues/June 8th** - Periods 3 (8:30-10am); Period 4 (10:30-12noon)

**Thurs/June 10th** - Periods 5 (8:30-10am); Period 4 (10:30-12noon)

**Fri/June 11th** - Periods 7 (8:30-10am); Period 4 (10:30-12noon)

### **June 11**

[MP4 Grade Reporting End Date](#)

### **June 14**

[MP4-Final Exam Grade Due in Skyward](#)

### **June 16 - 10:00am - SENIORS**

#### **THS Seniors Graduation Day**

Montclair State University at Yogi Berra Stadium

#### **Project Graduation - Payment due 6/7**

4:45pm - 12:00am (outdoor event)

### **June 17**

LAST DAY of School/Students

[MP4 Report Card Distribution \(in Skyward\)](#)

### **June 18**

LAST DAY of School/Teachers, 10 Month Staff

### **June 19**

#### **Juneteenth-African American Freedom Day**

Freedom Day, Jubilee Day, Liberation Day, and Emancipation Day

### **May 20 - Sunday**

#### **Happy Father's Day**



## **SCHOOL COUNSELING DEPARTMENT**

### **SUMMER PROGRAMS**

#### **Fairleigh Dickinson University Summer Dual Enrollment Classes 2021/Virtual -- June 28-July 30, 2021**

Offering Teaneck High School students an opportunity to earn college credits during the summer. Students will be able to register for 1 dual enrollment course to earn 3 college credits and 5 THS elective credits. Grades do not count toward students' GPA. The course will be taught remotely through Google Meets. Registration [LINK](#)

#### **Summer College Prep Program/Virtual --**

July 6-July 29, 2021

-Students to craft their essay for college applications

-Students to participate in workshops on advanced college search, preparing a college resume, advanced scholarship search. Registration [LINK](#)

## SAT Prep Course/Virtual

-- July 2021 - August 2021

Open To: 60 THS Students in grades 11 & 12

-Students will participate in a SAT Readiness Course to prepare for the August 28, 2021 SAT test

- Students will receive; 15 hours of live instruction with Horizon Prep expert teachers; Three full-length SAT® practice tests; Immediate results and personalized next-steps; Additional 'Challenge' resources to model testing strategy on more difficult items. Registration [LINK](#)

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## COLLEGE & CAREER ENRICHMENT PROGRAM

**-Fordham Pre-College Program for High School Students**

Deadline: June 11, 2021 - Seniors with a minimum of 3.0

GPA Link to apply:

[https://www.fordham.edu/info/20187/pre-college\\_program](https://www.fordham.edu/info/20187/pre-college_program)

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## SUMMER PROGRAMS

**New York Institute of Technology - Business Bootcamp**

**-- April 7 - June 16 (every Weds evenings)**

**June 2:** Resolving Conflict in a Culturally Diverse Business Environment

**June 16:** Personal Marketing Plan Using Social Media and Digital Tools

**Register Now:**

[https://www.nyit.edu/management/business\\_bootcamp](https://www.nyit.edu/management/business_bootcamp)

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**AI Summer Camp Scholarship - June 14-Aug 13, 2021**

**Application deadline by April 18 (Artificial Intelligence full scholarship-\$2,000)**

**3 weeks program in the summer.**

**10 am to 3 pm, Weekday.**

**Three batch choices:**

**June 14th, 2021 to July 2nd, 2021**

**July 5th, 2021 to July 23rd, 2021**

**July 26th, 2021 to August 13th, 2021**

## AI Camp Summer Scholarship

- Learn AI in small classes in small batches - 6 students per instructor.
- Build an impressive AI product for your college admission portfolio in the summer.
- Speak with at least 3 guest speakers from top AI companies such as Google and Facebook.
- Experience various tech roles and learn how to make informed career decisions.
- 3 weeks long program. A typical day starts at 10 am and finishes at 3 pm.
- No coding experience is needed.
- A virtual computer that allows students to program their products.
- Access to our learning center with all AI learning materials.

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**Saint Francis University - STEAM Summer Academies -- June 20 - 25, 2021**

-Chemistry Exploration Academy

-Environmental Engineering Design Academy

-Pre-Med Academy

-Psychology and Neuroscience Academy

**COST\$ 500**

**Apply Online by April 2021 (beginning of the month)**

<https://www.francis.edu/stem-summer-academies/>

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**DeSales University Virtual Summer Video Program -- June 21-June 25, 2021**

- For Ages 13 and Up

- No application fee or deposit req

- Application deadline: June 18, 2021

- **COST: \$355**

Link to apply:

<https://www.desales.edu/news-events/youth-program/s/summer-video-institute>

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**-Bergen Community College (BCC) - EOF Summer Grant & Pre-Freshman Summer Program -- June 28 - August 5, 2021 -- Mondays-Thursdays/9:00am-4:00pm**  
**State Funded -- Apply Online: [EOF Application Process](#)**  
**Paper Application Form:**  
[EOF APPLICATION BOOKLET 2021-2022.pdf](#)  
[EOF Program Flyer.pdf](#)

**EOF Pre-Freshman Summer Program provides (Math & English)**

- Supplies, tutoring, workshops, lunch and a trip
- Personal help with financial aid & registration
- An opportunity to test out of remedial courses
- Preferential admission for summer program participants

[EOF Pre-Freshman Summer Program.pdf](#)

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**Fairleigh Dickinson University (FDU) Online Summer PreCollege Program - July 5-15 and July 19-29**

- Pre-Medical Sciences
- Psychology
- Advanced Coding
- Data Science

**Earn 3 college credits for each course. For more info:**

[Online Summer PreCollege Program](#)

**Register for the program at:**

[fdu.edu/precollege](http://fdu.edu/precollege)

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**[PittPharmacy: Virtual University of Pittsburgh School of Pharmacy PIER Program - July 9 - August 6, 2021 \(FREE\)](#)**

- The program is 5 weeks long, with a webinar occurring every Friday from 12:00pm–2:00pm (Eastern Time).
- PIER stands for Pharmacy Innovation Experience and Research. We aim to expose our students to the wide range of opportunities that come with a PharmD (Doctorate in Pharmacy) Degree.
- We also emphasize the role of a pharmacist in research and the innovative fields that one can pursue through the many doors opened with a PharmD.
- Weekly webinars followed by activities that will engage the students and encourage teamwork.
- There will be patient cases that the students will work through outside of the webinar sessions and they will receive help and guidance from their mentors, who are all current PittPharmacy students.

-Throughout our program we also foster professional development by implementing resume workshops and tips on how to have a successful interview.

**[Apply by June 18, 2021 \(first come-first served\)](#)**

[PittPharmacy PIER Application](#)

**[PittPharmacy PIER – PittPharmacy: Pharmacy, Innovations, Experience, and Research](#)**

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**[Adelphi University - Summer Pre-College Program: July 11 - August 5, 2021](#)**

**[Sunday, July 11-Saturday, July 24, 2021- Garden City and Manhattan](#)**

- Acting and Musical Theater
  - Art and Technology
  - Business and Entrepreneurship
  - Computer Programming and VR
  - Digital Video and Drone Technology
  - Gender and Sexuality Studies (noncredit)
  - Human Rights and Social Movements
  - Introduction to Nursing
  - New York City Arts Exploration (noncredit)
  - Professional Sport as a Business and Career (noncredit)
  - Psychology and Pop Culture
  - Science, Medicine and Health (noncredit)
  - Teaching and Teacher Education
  - Social Justice Work Through a Trauma Framework
- [Monday, August 2-Thursday, August 5, 2021 - Virtual Certificate Programs \(noncredit\)](#)**
- Broadway From Home
  - Data Visualization and Art
  - Digital Production Masterclass
  - Gender and the World

- Global Entrepreneurship
- How Social Environments Make Us Sick
- Human Rights Under Threat
- Introduction to Disease Processes
- Nursing: Hospital to Home
- Photography and Truth-Telling
- Psychology of Social Media
- The Future of Space

-Unwanted Timeout in Sports

**APPLY TODAY 1.800.ADELPHI**

<https://www.adelphi.edu/high-school-students/summer-pre-college-program/>

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**IUP/Cook Honors College - Summer Honors Program --  
July 12 - July 16**

Timeline:

May 1 - Applications due (no fee)

May 15 - Notification of admission and course

June 15 - \$120 program fee due

July 12 - The Experience begins

Courses:

<https://www.iup.edu/admissions/honors/summer/courses/>

Link to apply:

<https://www.iup.edu/admissions/honors/summer/>

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Please note, Teaneck Public Schools is not responsible for costs associated with the programs **listed above**.  
**School Counseling Department sharing information to the community.**

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**VIRTUAL SUPPORT - Find the right group to  
support your needs**

**Spanish-Speaking/Habla Espanol**

**Thursdays at 6:30pm - Jueves a las 6:30pm**

**Siempre Conectado: Derrotando COVID**

**Enlace de Zoom**

**1 (929) 205-6099**

**Meeting ID: 928 0549 1401 Passcode: 991466**

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**Children and Families:**

**Mondays at 6pm**

**Smile, Breathe, and Go: Stress Management for Kids**

[Zoom Link](#)

1 (929) 205-6099

Meeting ID: 837 998 7908 Passcode: 340982

**Tuesdays at 7pm**

**From Stuck to Soaring: Stress Management for Teens**

[Zoom Link](#)

1 (929) 205-6099

Meeting ID: 837 998 7908 Passcode: 008654

**Wednesdays at 4:30pm**

**Bored in the House: Youth Hangout (Ages 14-18)**

[Zoom Link](#)

1 (929) 205-6099

Meeting ID: 947 3214 9652 Passcode: 726468

**Wednesdays at 7:30pm**

**Supporting Families: Group for Parents and Caregivers**

[Zoom Link](#)

1 (929) 205-6099

Meeting ID: 963 9055 3396 Passcode: 522856

**Mondays at 8pm (2nd and 4th of the month)**

**Thursdays at 8pm (1st and 3rd of the month)**

**College Corner**

[Zoom Link](#)

1 (929) 205-6099

Meeting ID: 917 7742 4479 Passcode: 333833

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**Seniors:**

**Tuesdays at 3pm**

**Coping with Change**

[Zoom Link](#)

1 (929) 205-6099

Meeting ID: 974 2675 9376 Passcode: 275889

**Wednesdays at 10am**

**Coping with Change**

[Zoom Link](#)

1 (929) 205-6099

Meeting ID: 925 0841 7386 Passcode: 871829

**Thursdays at 10am**



## **Coping with Change**

### Zoom Link

1 (929) 205-6099

Meeting ID: 936 2962 5609 Passcode: 202710

## **Fridays at 3pm**

### **Coping with Change**

### Zoom Link

1 (929) 205-6099

Meeting ID: 957 0977 9459 Passcode: 542469

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## **UPCOMING EVENTS**

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### **Bridges Family Success Center -- June 2021 Calendar of Events**

#### **Highlighted Programs for June 2021**

#### **Parent/Child Activities & Education**

**Volunteer Craft— 6/14 @ 4pm** High school students, Tova & Rocky provide materials to lead children in craft at home via zoom. Registration Required.

**Volunteer Science Project— 6/16 @ 4pm** Instructional video and materials provided by volunteer Ryan. Registration Required.

**Zumbini® with Sarah Viviani – 6/15 @ 4pm** For kids ages 0-5, the Zumbini ® program offers music, dance and educational tools for 45 minutes of bonding, learning, and fun! It combines early-childhood development with the magical joy of Zumba ® Fitness.

**Art from Distance with art therapist, Maureen Bennett- 6/8 @4pm** Children will create Mandalas for self expression and connection. Registration Full.

**Outdoor Tie-dye family event-6/18 @ 2:30pm** What better way to kick off summer than tie-dying a shirt? Materials & Instructions will be provided by volunteers, Carol and Marni. Registration Required.

**STEM program by Bergen STEM Outreach: 6/24 @ 1pm.** 5 week-session. Corey hosts weekly STEM activities for children ages 3 and up, on Zoom, Materials will be provided . Registration Required.

**HIPPY Graduation- 6/10 @ 6pm** Congratulations to the 14 graduates and their parents for their commitment to early education.

#### **Life Skills**

**Healthcare Literacy workshops 6/24@ 5pm** -Learn about affordable healthcare insurance options through the GETCOVERED NJ marketplace OR NJ FAMILY CARE offered by NJ Citizen Action

For Text Alerts of upcoming Parent/ Child Activities & Events and other local opportunities please join us on the Remind App: <https://www.remind.com/join/f92e7b>  
To Register for Programs at BFC/ Bridges FSC please use: <https://linktr.ee/bfcFamilySuccessCenter>

**[updated - Bridges FSC-June 2021-06012021.pdf](#)**

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#### **UPCOMING VIRTUAL EVENTS**

### **Rainbow Pride Series for LGBTQ Youth**

#### **Weds, June 9 - 6pm**

Queer Icons Throughout History

Link to Register:

**[Rainbow Pride Series: Queer Icons Throughout History June 9](#)**

#### **Weds, June 23 - 6pm**

Self-Care LGBTQ Edition

Link to Register:

**[Rainbow Pride Series: Self-Care LGBTQ Edition June 23](#)**

#### **Weds, July 7 - 6pm**

Exploring Gender & Sexuality in a Pandemic

Link to Register:

**[Rainbow Pride Series: Exploring Gender & Sexuality in a Pandemic July 7](#)**

**[RainbowPrideSeriesforLGBTQYouthFlyer.pdf](#)**

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### **Yoga for all Ages**

#### **Yoga for all ages--Tuesdays at 6pm**

+19292056099

Meeting ID: 987 8130 5206

Passcode: 666923

**[Click To Join - Tuesdays](#)**

### Evening Stretch--Thursdays at 6:30pm

+19292056099

Meeting ID: 923 4674 3606

Passcode: 479491

[Click To Join - Thursdays](#)

[YogaForAllAgesFlyer.pdf](#)

## IFPR HOPE and HEALING

7 Days a Week -- 8am - 8pm

RWJBarnabas Health Institute for Prevention and Recovery's Hope and Healing Program offers emotional support services, education and community-based resources for individuals and families affected by the COVID-19 pandemic.

Through a variety of services, this program aims to assist those impacted by the pandemic to better adjust to their new reality, mitigate stress, review options, develop coping strategies, and, if needed, find linkages to agencies, programs, and other resources in their community.

**Call, click or email:**

**833-795- HOPE (833-795-4673)**

[rwjbh.org/hopeandhealing](http://rwjbh.org/hopeandhealing)

[hopeandhealing@rwjbh.org](mailto:hopeandhealing@rwjbh.org)

## THS School Counseling Department



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**Please check Skyward for you School Counselor**  
**Links to their appointment calendars are in**  
**College & Career Google Classroom.**

### Follow us on Social Media

Facebook & Instagram  
@Teaneck School Counseling  
Subscribe to the THS Counselors  
[YouTube Channel](#)  
[Past Presentations](#) are posted!



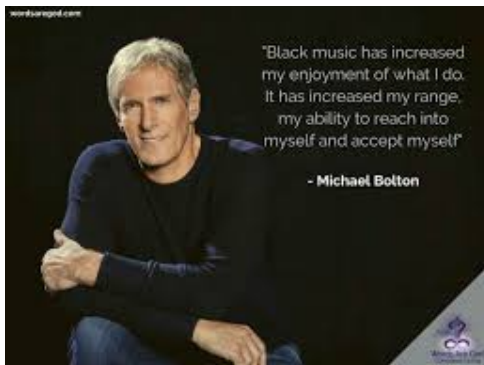
*Honoring the Cultures, Art and Health this June!*

### African American Music Appreciation Month



“Perhaps the mission of an artist is to interpret beauty to people—the beauty within themselves.”

Langston Hughes



**MUSIC**  
it says all the things  
that words alone  
can never say

- Alicia Brooks Lackey -

### Men's Health Month



### Caribbean American Heritage Month

